

Are you looking for a real edge for success in NYC?

Is there something holding you back from the level of success that you really desire?

Do you know your "issues" and "patterns" yet still find yourself stuck and dealing with the same problems in work or relationships over and over again?

Amp up the power of mind, body, & spirit with insight, intention, and action.



Dr. Cilona is a clinical psychologist, personal coach, and author. His innovative philosophy and progressive style empower some of today's most successful and distinguished New Yorkers.

Dr. Cilona provides expert advice and commentary for numerous publications including:

Newsweek	Wall Street Journal
NY Daily news	Boston Globe
The Philadelphia Inquirer	MSNBC
Health Magazine	E! Online
MSN Health and Fitness	Men's Health
Therapy Times	Yahoo!
AOL Online	Cosmopolitan

If you're ready to make change happen, contact Dr. Cilona for a free consultation to see if he might be a good match for working with you.

Learn more about Dr. Cilona and his unique services at

www.drcilona.com

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